



ZOOM Calendar

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APRIL 2024						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 SCHOOL HOLIDAYS	2 SCHOOL HOLIDAYS	3 SCHOOL HOLIDAYS	4 SCHOOL HOLIDAYS	5 SCHOOL HOLIDAYS	6
		<p>Pilates with Sophie via Zoom 9:00am – 10:00am</p> <p>Aromatherapy via Zoom 7pm – 8pm</p>	<p>Forever Supporting Blokes Group via Zoom 6pm – 7pm</p> <p>Supporting Blokes Group via Zoom 7:30pm – 8:30pm</p>	<p>Massage - LIVE at TLC 10am – 1pm</p>	<p>Breast Care Nurse Private Consultation via Zoom * By appointment Monday to Thursday where no classes are held.</p>	
7	8 SCHOOL HOLIDAYS	9 SCHOOL HOLIDAYS	10 SCHOOL HOLIDAYS	11 SCHOOL HOLIDAYS	12 SCHOOL HOLIDAYS	13
	<p>Art Therapy with Carmen via Zoom 1:30pm – 2:30pm</p>	<p>Yoga with Ros via Zoom 9:30am – 10:30am</p> <p>Reflexology with Monique via Zoom 11am – 12noon</p> <p>Fabulous Over 50's Support Group with Guest Art Therapist Sandra Buchanan via Zoom 1pm – 2:30pm</p>		<p>Zumba via Zoom 11am – 12pm</p> <p>Pink Sisters Support Group for women under 50 with Guest speaker—Melissa 'Complementing your Journey with natural support' via Zoom 6pm – 8pm</p>	<p>Breast Care Nurse Private Consultation via Zoom * By appointment Monday to Thursday where no classes are held.</p>	
14	15	16	17	18	19	20
	<p>Yoga with Ros via Zoom 9:30am – 10:30am</p>	<p>Pilates with Charlotte via Zoom 12:30pm—1:30pm</p> <p>Reflexology with Monique via Zoom 11am – 12noon</p>	<p>Pilates with Sophie via Zoom 9am – 10am</p> <p>Guest speaker—Robyn from Pink Hope discussing hereditary cancer via Zoom 2pm – 3pm</p>	<p>Guest speaker—Susan from Gather my Crew — How the think Pink App can help you via Zoom 11am – 12pm</p>	<p>Breast Care Nurse Private Consultation via Zoom * By appointment Monday to Thursday where no classes are held.</p>	
21	22	23	24	25	26	27
	<p>Pilates with Sophie via Zoom 9am – 10am</p> <p>HOT Pink Sisters (under 50) Support Group for women with metastatic breast cancer 1pm – 2.30pm</p>	<p>Yoga with Ros via Zoom 9:30am – 10:30am</p> <p>Reflexology with Monique via Zoom 11am – 12noon</p>	<p>Pilates with Sophie via Zoom 9am – 10am</p> <p>Second Hope Support Group (metastatic breast cancer) with guest speaker Nicky Stitt VAD coordinator from Peter Mac via Zoom 1pm – 2.30pm</p>	PUBLIC HOLIDAY	<p>Breast Care Nurse Private Consultation via Zoom * By appointment Monday to Thursday where no classes are held.</p>	
28	29	30				
	<p>DAY OF INDULGENCE 9.30am – 2.30pm</p>	<p>Yoga with Ros via Zoom 9:30am – 10:30am</p> <p>Reflexology with Monique via Zoom 11am – 12noon</p>				