



ZOOM Calendar

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JUNE 2023						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
	Breast Care Nurse Private Consultation via Zoom * By appointment Monday to Thursday where no classes are held.			NEW Massage LIVE 10am- 1pm NEW Aromatherapy via Zoom 2pm-3pm		
4	5	6	7	8	9	10
	Pilates with Erin via Zoom 10am – 11am	Yoga with Katie via Zoom 1pm – 2pm	Walking Group 11am – 12 noon Supporting Blokes Group with Guest Speaker Shae Chester via Zoom 6pm – 8pm	NEW Zumba via Zoom 11am – 12noon		
11	12 PUBLIC HOLIDAY	13	14	15	16	17
	KING'S BIRTHDAY	Reflexology with Monique via Zoom 11am – 12noon Fabulous Over 50s Support Group for women over 50 with Guest Speaker Shae Chester 1pm – 2.30pm	Walking Group 11am – 12 noon Guest Speaker: Genevieve Gort Bra fitting 12:30 pm – 1:30pm	Pink Sisters Support Group for women under 50 via Zoom 6pm – 8pm		
18	19	20	21	22	23	24
	Pilates with Erin via Zoom 10am – 11am	Reflexology with Monique via Zoom 11am – 12noon Yoga with Katie via Zoom 1pm – 2pm	Walking Group 11am – 12 noon Second Hope Support Group for women with metastatic breast cancer with Guest speaker Dale Ischia 1pm – 2.30pm		Group Art Therapy with Jennie via Zoom 1.30pm – 2.30pm	
25	26	27	28	29	30	
	Pilates with Erin via Zoom 10am – 11am HOT Pink Sisters Support Group for women under 50 with metastatic breast cancer with Naomi Lawrence via zoom 1pm – 2:30pm	Reflexology with Monique via Zoom 11am – 12noon Yoga with Katie via Zoom 1pm – 2pm	Walking Group 11am – 12 noon Book Club via Zoom 1pm – 2pm	Skincare & Make Up with Lucia via Zoom 12.30pm – 1.30pm		