

## DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
				<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Breast Care Nurse Private Consultation</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12 noon	<b>Pink Paddle Regatta</b> 9am – 4pm
4	5	6	7	8	9	10
<b>Supporting Blokes Group CHRISTMAS CELEBRATION</b> 12.30pm – 2.30pm	<b>Volunteer Christmas Party</b> 12.30pm – 2.30pm <b>Breast Care Nurse Private Consultation</b> 2.30pm – 3.30pm	<b>Reflexology with Monique via Zoom</b> 11am – 12 noon	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Walking Group</b> 11am – 12 noon	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Makeup &amp; Skincare Workshop via Zoom</b> 12.30pm – 1.30pm <b>Breast Care Nurse Private Consultation</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12 noon	
11	12	13	14	15	16	17
	<b>HOT Pink Sisters Support Group for women under 50 with meta-static breast cancer CHRISTMAS CELEBRATION</b> 12.30pm – 2.30pm <b>Breast Care Nurse Private Consultation</b> 2.30pm – 3.30pm	<b>Book Club HYBRID</b> 11am – 12pm <b>Fabulous Over 50s &amp; Beyond Support Group CHRISTMAS CELEBRATION</b> 1pm – 2.30pm	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Second Hope Support Group CHRISTMAS CELEBRATION</b> 12.30pm – 2.30pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Breast Care Nurse Private Consultation</b> 2pm – 3.30pm	<b>Tai Chi with Helen HYBRID</b> 11am – 12 noon <b>Group Art Therapy with Jennie via Zoom</b> 1.30pm – 2.30pm	
18	19 SCHOOL HOLIDAYS	20 SCHOOL HOLIDAYS	21 SCHOOL HOLIDAYS	22 SCHOOL HOLIDAYS	23 SCHOOL HOLIDAYS	24
25	26 SCHOOL HOLIDAYS	27 SCHOOL HOLIDAYS	28 SCHOOL HOLIDAYS	29 SCHOOL HOLIDAYS	30 SCHOOL HOLIDAYS	1