

MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	2	3	4	5	6	7
	Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Reflexology with Monique via Zoom 11am – 12noon	Meditation with Maree via Zoom 10am – 11am Walking Group 11am – 12 noon Supporting Blokes Group via Zoom 6pm – 8pm	Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	
8	9	10	11	12	13	14
	Fabulous Over 50s Support Group 1pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm	Reflexology with Monique 11am – 12noon	Meditation with Maree via Zoom 10am – 11am Walking Group 11am – 12 noon	Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Tai Chi with Helen via Zoom 11am – 12noon	
15	16	17	18	19	20	21
	Menopause & Breast Cancer 1.30pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm	Reflexology with Monique via Zoom 11am – 12noon	Dru Yoga with Susan via Zoom 10am – 11am Walking Group 11am – 12 noon Second Hope Support Group for women with metastatic breast cancer HYBRID 1pm – 2.30pm	Pilates with Michelle via Zoom 9.30am – 10.30am Skincare & Make Up with Lucia via Zoom 12pm – 1pm Pink Sisters (under 50) Support Group via Zoom 5.30pm – 7.30pm	Tai Chi with Helen via Zoom 11am – 12noon Breast Care Nurse Private Consultation via Zoom 3pm – 4pm	
22	23	24	25	26	27	28
	Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Reflexology with Monique via Zoom 11am – 12noon	Walking Group 11am – 12 noon Finance Workshop with Dishna via Zoom 12 noon—1pm	Pilates with Michelle via Zoom 9.30am – 10.30am Group Art Therapy with Jennie via Zoom 1.30pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm	Tai Chi with Helen HYBRID 11am – 12noon	
29	30	31	1	2	3	4
	Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm HOT Pink Sisters (under 50) Support Group for women with metastatic breast cancer 1pm – 2.30pm	Reflexology with Monique via Zoom 11am – 12noon Book Club HYBRID 12pm – 2pm Yoga with Robyn via Zoom 2.15pm – 3.30pm				