

JUNE 2022

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|--|---|---|---|----------|
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| | | | <p>Dru Yoga with Susan via Zoom 10am – 11am</p> <p>Walking Group 11am – 12 noon</p> <p>Metastatic Education Session 1pm – 2.30pm</p> <p>Supporting Blokes Group 6pm – 8pm</p> | <p>Pilates with Michelle via Zoom 9.30am – 10.30am</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Tai Chi with Helen via Zoom 11am – 12noon</p> <p>Mindfulness with Cheryne via Zoom 1pm – 2pm</p> | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | <p>Volunteer Meeting via Zoom 10am – 11am</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Reflexology with Monique via Zoom 11am – 12noon</p> <p>Fabulous Over 50s & Beyond Support Group 1pm – 2.30pm</p> | <p>Dru Yoga with Susan via Zoom 10am – 11am</p> <p>Walking Group 11am – 12 noon</p> <p>Creative Writing with Anna via Zoom 11.30am – 12.30pm</p> | <p>Pilates with Michelle via Zoom 9.30am – 10.30am</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> <p>Pink Sisters (under 50) Support Group 5.30pm – 7.30pm</p> | <p>Tai Chi with Helen via Zoom 11am – 12noon</p> | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | <p>Queens Birthday Public Holiday</p> | <p>Reflexology with Monique via Zoom 11am – 12noon</p> <p>Yoga with Robyn via Zoom 2.15pm – 3.30pm</p> | <p>Dru Yoga with Susan via Zoom 10am – 11am</p> <p>Walking Group 11am – 12 noon</p> <p>Second Hope Support Group for women with metastatic breast cancer HYBRID 1pm – 2.30pm</p> | <p>Pilates with Michelle via Zoom 9.30am – 10.30am</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Tai Chi with Helen via Zoom 11am – 12noon</p> | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Reflexology with Monique via Zoom 11am – 12noon</p> | <p>Dru Yoga with Susan via Zoom 10am – 11am</p> <p>Walking Group 11am – 12 noon</p> | <p>Pilates with Michelle via Zoom 9.30am – 10.30am</p> <p>Group Art Therapy with Jennie via Zoom 1.30pm – 2.30pm</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Tai Chi with Helen HYBRID 11am – 12noon</p> | |
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| | <p>HOT Pink Sisters (under 50) Support Group for women with metastatic breast cancer 1pm – 2.30pm</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | <p>Reflexology with Monique via Zoom 11am – 12noon</p> <p>Book Club via Zoom 12pm – 2pm</p> <p>Yoga with Robyn via Zoom 2.15pm – 3.30pm</p> | <p>Dru Yoga with Susan via Zoom 10am – 11am</p> <p>Walking Group 11am – 12 noon</p> <p>Finance Workshop with Dishna via Zoom 12 noon—1pm</p> | <p>Pilates with Michelle via Zoom 9.30am – 10.30am</p> <p>Skincare & Make Up with Lucia via Zoom 12.30pm – 1.30pm</p> <p>Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm</p> | | |