

## FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>Volunteer Meeting</b> 10am – 11am <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Reflexology with Monique via Zoom</b> 11am – 12noon <b>Yoga with Robyn via Zoom</b> 4pm – 5.15pm	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Supporting Blokes Group</b> 6pm – 8pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon <b>Mindfulness with Cheryne via Zoom</b> 1pm – 2pm	
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Reflexology with Monique via Zoom</b> 11am – 12noon <b>Fabulous Over 50s Support Group for women over 50</b> 1pm – 2.30pm	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Creative Writing with Anna via Zoom</b> 11.30am – 12.30pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm <b>Pink Sisters Support Group for women under 50</b> 5.30pm – 7.30pm	<b>Tai Chi with Helen via Zoom</b> 10.30am – 11.30am	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Career Workshop with Maike via Zoom</b> 12 noon – 1pm <b>Yoga with Robyn via Zoom</b> 4pm – 5.15pm	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Second Hope Support Group for women with metastatic breast cancer</b> 1pm – 2.30pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Group Art Therapy with Jennie via Zoom</b> 1.30pm – 2.30pm <b>Breast Care Nurse Private Consultation via Zoom</b> 3pm – 4pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon	
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
	<b>HOT Pink Sisters Support Group for women under 50 with metastatic breast cancer</b> 1pm – 2.30pm <b>Breast Care Nurse Private Consultation via Zoom</b> 2.30pm – 3.30pm	<b>Book Club via Zoom</b> 1pm – 2pm	<b>Meditation with Maree via Zoom</b> 10am – 11am <b>Finance Workshop with Dishna via Zoom</b> 12 noon—1pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am <b>Skincare &amp; Make Up with Lucia via Zoom</b> 12.30pm – 1.30pm <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon	
<b>27</b>	<b>28</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm					