

SEPTEMBER 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			Meditation with Maree via Zoom 10am – 11am Walking Group 1pm – 2pm Supporting Blokes Group via Zoom 6pm – 8pm	Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	
5	6	7	8	9	10	11
	Volunteer Meeting via Zoom 10am – 11am Metastatic Education Pop Up via Zoom 1pm – 2pm Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Reflexology with Monique via Zoom 11am – 12noon Yoga with Robyn via Zoom 4pm – 5.15pm	Meditation with Maree via Zoom 10am – 11am Creative Writing with Anna via Zoom 11.30am – 12.30pm	Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm Pink Sisters Support Group for women under 50 5.30pm – 7.30pm	Tai Chi with Helen via Zoom 11am – 12noon	
12	13	14	15	16	17	18
	Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Yoga with Shelly via Zoom 9.15am – 10.15am Reflexology with Monique via Zoom 11am – 12noon Fabulous Over 50s & Beyond Support Group 12pm – 2.30pm	Meditation with Maree via Zoom 10am – 11am Second Hope Support Group for women with metastatic breast cancer 1pm – 2.30pm	Pilates with Michelle via Zoom 9.30am – 10.30am Group Art Therapy with Jennie via Zoom 1.30pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm	Tai Chi with Helen via Zoom 10am – 11am	
19	20 SCHOOL HOLIDAYS	21 SCHOOL HOLIDAYS	22 SCHOOL HOLIDAYS	23 SCHOOL HOLIDAYS	24 SCHOOL HOLIDAYS	25
	HOT Pink Sisters Support Group for women under 50 with metastatic breast cancer 1pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm	Reflexology with Monique via Zoom 11am – 12noon Yoga with Robyn via Zoom 4pm – 5.15pm	Meditation with Maree via Zoom 10am – 11am Finance Workshop with Dishna via Zoom 12noon – 1pm	Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Grand Final Public Holiday	
26	27 SCHOOL HOLIDAYS	28 SCHOOL HOLIDAYS	29 SCHOOL HOLIDAYS	30 SCHOOL HOLIDAYS	1	2
	Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	Yoga with Shelly via Zoom 9.15am – 10.15am Reflexology with Monique via Zoom 11am – 12noon Book Club via Zoom 1pm – 2pm	Dru Yoga with Susan via Zoom ?? 10am – 11am	Pilates with Michelle via Zoom 9.30am – 10.30am Skincare & Make Up with Lucia via Zoom 12.30pm – 1.30pm Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm		