

## JUNE 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Yoga with Shelley via Zoom 9.15am – 10.15am Reflexology with Monique via Zoom 11am – 12noon	2 Meditation with Maree via Zoom 10am – 11am	3 Pilates with Michelle via Zoom 9.30am – 10.30am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	4 Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	5
6 Supporting Blokes Group BBQ 12pm – 2pm	7 Volunteer Meeting via Zoom 10am – 11am Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	8 Reflexology with Monique via Zoom 11am – 12noon Fabulous Over 50s Support Group for women over 50 1pm – 2.30pm Yoga with Robyn via Zoom 4pm – 5.15pm	9 Meditation with Maree via Zoom 10am – 11am Creative Writing with Anna via Zoom 11.30am – 12.30pm Pink Sisters Support Group for women under 50 5.30pm – 7.30pm	10 Pilates with Michelle via Zoom 9.30am – 10.30am Career Workshop with Maikie via Zoom 12.30pm – 1.30pm Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	11 Tai Chi with Helen via Zoom 11am – 12noon	12
13	14 Queen's Birthday Public Holiday	15 Yoga with Shelley via Zoom 9.15am – 10.15am Reflexology with Monique via Zoom 11am – 12noon	16 Dru Yoga/Meditation with Susan via Zoom 10am – 11am Second Hope Support Group for women with metastatic breast cancer 1pm – 3pm	17 Pilates with Michelle via Zoom 9.30am – 10.30am Skincare & Make Up with Lucia via Zoom 12.30pm – 1.30pm Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	18 Tai Chi with Helen via Zoom 11am – 12noon	19
20	21 Breast Care Nurse Private Consultation via Zoom 2.30pm – 3.30pm HOT Pink Sisters Support Group for women under 50 with metastatic breast cancer 1pm – 2.30pm Board Meeting 6pm – 8pm	22 Reflexology with Monique via Zoom 11am – 12noon Yoga with Robyn via Zoom 4pm – 5.15pm	23 Dru Yoga/Meditation with Susan via Zoom 10am – 11am Finance Workshop with Dishna via Zoom 12 noon – 1pm Walking Group - Docklands 1pm – 2pm	24 Pilates with Michelle via Zoom 9.30am – 10.30am Group Art Therapy with Jennie via Zoom 1.30pm – 2.30pm Breast Care Nurse Private Consultation via Zoom 3pm – 4pm	25 Tai Chi with Helen via Zoom 11am – 12noon	26
27	28 Essential Oils Part 2 with Monique via Zoom 1pm – 2pm Breast Care Nurse Private Consultation via Zoom 2pm – 3.30pm	29 Yoga with Shelley via Zoom 9.15am – 10.15am Reflexology with Monique via Zoom 11am – 12noon Book Club via Zoom 1pm – 2pm	30 Dru Yoga/Meditation with Susan via Zoom 10am – 11am Walking Group - Docklands 1pm – 2pm Metastatic Pop-Up Education Session 2.30pm – 3.30pm	1	2	3