

## MAY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
	<b>Volunteer Meeting via Zoom</b> 10am – 11am  <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Yoga with Shelley via Zoom</b> 9.15am – 10.15am  <b>Reflexology with Monique via Zoom</b> 11am – 12noon	<b>Meditation with Maree via Zoom</b> 10am – 11am  <b>Supporting Blokes Group via Zoom</b> 6pm – 8pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am  <b>Skincare with Lucia via Zoom</b> 12.30pm – 1.30pm  <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon  <b>Mindfulness with Cheryne via Zoom</b> 1pm – 2pm  <b>Metastatic Pop Up: Radiotherapy and Metastatic Breast Cancer</b> 2.30pm—3.30pm	
9	10	11	12	13	14	15
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Reflexology with Monique via Zoom</b> 11am – 12noon  <b>Fabulous Over 50s Support Group for women over 50</b> 1pm – 2.30pm	<b>Meditation with Maree via Zoom</b> 10am – 11am  <b>Creative Writing with Anna via Zoom</b> 11.30am – 12.30pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am  <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm  <b>Pink Sisters Support Group for women under 50</b> 5.30pm – 7.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon	
16	17	18	19	20	21	22
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Yoga with Shelley via Zoom</b> 9.15am – 10.15am	<b>Meditation with Maree via Zoom</b> 10am – 11am  <b>Second Hope Support Group for women with metastatic breast cancer</b> 1pm – 3pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am  <b>Make Up with Lucia via Zoom</b> 12.30pm – 1.30pm  <b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon	
23	24	25	26	27	28	29
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm  <b>HOT Pink Sisters Support Group for women under 50 with metastatic breast cancer</b> 10am – 11.30am	<b>Reflexology with Monique via Zoom</b> 11am – 12noon  <b>Book Club via Zoom</b> 1pm – 2pm  <b>Yoga with Robyn via Zoom</b> 4pm – 5.15pm	<b>Meditation with Maree via Zoom</b> 10am – 11am  <b>Finance Workshop with Dishna via Zoom</b> 12 noon – 1pm	<b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am  <b>Group Art Therapy with Jennie via Zoom</b> 1.30pm – 2.30pm  <b>Breast Care Nurse Private Consultation via Zoom</b> 3pm – 4pm	<b>Tai Chi with Helen via Zoom</b> 11am – 12noon	
30	31	1	2	3	4	5
	<b>Breast Care Nurse Private Consultation via Zoom</b> 2pm – 3.30pm  <b>Essential Oils with Monique via Zoom</b> 1pm – 2pm					