

## AUGUST 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
	<p><b>Think Pink Volunteer Meeting via Zoom</b> 10am – 10.45am</p> <p><b>Second Hope Art Project Drop In with Sandy via Zoom</b> 3.30pm – 4.30pm</p>	<p><b>Yoga with Shelly via Zoom</b> 9.15am – 10.15am</p> <p><b>Reflexology with Monique via Zoom</b> 11am – 12noon</p> <p><b>Pilates with Michelle via Zoom</b> 1.30pm – 2.30pm</p>	<p><b>Second Hope Support Group for women with metastatic breast cancer</b> 1pm – 2pm</p> <p><b>Supporting Blokes Group via Zoom</b> 6pm – 8pm</p>	<p><b>Meditation with Maree via Zoom</b> 10am – 11am</p> <p><b>Covid Q&amp;A with Dr Katie Allen MP</b> 2.30pm – 3.30pm</p>	<p><b>Breast Care Nurse</b> <b>Private Consultation via Zoom</b> 9am – 10.10am</p> <p><b>Tai Chi with Helen via Zoom</b> 11am – 12noon</p>	
9	10	11	12	13	14	15
	<p><b>Think Pink Volunteer Meeting via Zoom</b> 10am – 10.45am</p> <p><b>Second Hope Art Project Drop In with Sandy via Zoom</b> 3.30pm – 4.30pm</p>	<p><b>Yoga with Shelly via Zoom</b> 9.15am – 10.15am</p> <p><b>Group Art Therapy with Jennie via Zoom</b> 11.30am – 12.30pm</p>	<p><b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am</p> <p><b>Journal Writing with Anna via Zoom</b> 11.30am – 12.30pm</p>	<p><b>Meditation with Maree via Zoom</b> 10am – 11am</p> <p><b>Art Therapy One On One with Sandy via Zoom</b> 1.30pm – 4.30pm</p>	<p><b>Mindfulness with Cheryne via Zoom</b> 9.30am – 10.30am</p> <p><b>Tai Chi with Helen via Zoom</b> 11am – 12noon</p> <p><b>Breast Care Nurse</b> <b>Private Consultation via Zoom</b> By appointment</p>	
16	17	18	19	20	21	22
	<p><b>Think Pink Volunteer Meeting via Zoom</b> 10am – 10.45am</p> <p><b>Second Hope Art Project Drop In with Sandy via Zoom</b> 3.30pm – 4.30pm</p>	<p><b>Yoga with Shelly via Zoom</b> 9.15am – 10.15am</p> <p><b>Reflexology with Monique via Zoom</b> 11am – 12noon</p> <p><b>Pilates with Michelle via Zoom</b> 1.30pm – 2.30pm</p>	<p><b>Finance Workshop with Dishna via Zoom</b> 10.30am – 11.30am</p> <p><b>Second Hope Support Group for women with metastatic breast cancer</b> 1pm – 2pm</p>	<p><b>Meditation with Maree via Zoom</b> 10am – 11am</p> <p><b>Art Therapy One On One with Sandy via Zoom</b> 1.30pm – 4.30pm</p>	<p><b>Breast Care Nurse</b> <b>Private Consultation via Zoom</b> 9am – 10.10am</p> <p><b>Tai Chi with Helen via Zoom</b> 11am – 12noon</p>	
23	24	25	26	27	28	29
	<p><b>Think Pink Volunteer Meeting via Zoom</b> 10am – 10.45am</p> <p><b>Second Hope Art Project Drop In with Sandy via Zoom</b> 3.30pm – 4.30pm</p>	<p><b>Yoga with Shelly via Zoom</b> 9.15am – 10.15am</p> <p><b>Reflexology with Monique via Zoom</b> 11am – 12noon</p> <p><b>Fabulous Over 50s Support Group for women over 50</b> 1pm – 2.30pm</p> <p><b>Yoga with Robyn via Zoom</b> 4pm – 5.15pm</p>	<p><b>Pilates with Michelle via Zoom</b> 9.30am – 10.30am</p> <p><b>Journal Writing with Anna via Zoom</b> 11.30am – 12.30pm</p> <p><b>Group Art Therapy with Jennie via Zoom</b> 1.30pm – 2.30pm</p> <p><b>New Support Group for women under 50 with metastatic breast cancer</b> 7pm – 8.30pm</p>	<p><b>Meditation with Maree via Zoom</b> 10am – 11am</p> <p><b>Art Therapy One On One with Sandy via Zoom</b> 1.30pm – 4.30pm</p> <p><b>Pink Sisters Support Group for women under 50</b> 5.30pm – 7.30pm</p>	<p><b>Breast Care Nurse</b> <b>Private Consultation via Zoom</b> 9am – 10.10am</p> <p><b>Tai Chi with Helen via Zoom</b> 11am – 12noon</p> <p><b>Mindfulness with Cheryne via Zoom</b> 1pm – 2pm</p>	
30	31	1	2	3	4	5
	<p><b>Think Pink Volunteer Meeting via Zoom</b> 10am – 10.45am</p> <p><b>Second Hope Art Project Drop In with Sandy via Zoom</b> 3.30pm – 4.30pm</p>					