

JULY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
			Pilates with Michelle via Zoom 9.30am – 10.30am	Art Therapy One On One with Sandy via Zoom 1.30pm – 4.30pm	Breast Care Nurse Private Consultation via Zoom 9am – 10.10am Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	
5	6	7	8	9	10	11
	Think Pink Volunteer Meeting via Zoom 10am – 10.45am Meditation with Maree via Zoom 2pm – 3pm Second Hope Art Project Drop In with Sandy via Zoom 3.30pm – 4.30pm	Reflexology with Monique via Zoom 11am – 12noon Yoga with Robyn via Zoom 4pm – 5.15pm	Pilates with Michelle via Zoom 9.30am – 10.30am Second Hope Support Group for women with metastatic breast cancer 1pm – 2pm Supporting Blokes Group via Zoom 6pm – 8pm	Art Therapy One On One with Sandy via Zoom 1.30pm – 4.30pm	Breast Care Nurse Private Consultation via Zoom 9am – 10.10am Tai Chi with Helen via Zoom 11am – 12noon	
12	13	14	15	16	17	18
	Think Pink Volunteer Meeting via Zoom 10am – 10.45am Meditation with Maree via Zoom 2pm – 3pm Second Hope Art Project Drop In with Sandy via Zoom 3.30pm – 4.30pm	Career Workshop with Maie via Zoom 2pm – 3pm Yoga with Robyn via Zoom 4pm – 5.15pm	Pilates with Michelle via Zoom 9.30am – 10.30am Journal Writing with Anna via Zoom 11.30am – 12.30pm	Art Therapy One On One with Sandy via Zoom 1.30pm – 4.30pm	Breast Care Nurse Private Consultation via Zoom 9am – 10.10am Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	
19	20	21	22	23	24	25
	Think Pink Volunteer Meeting via Zoom 10am – 10.45am Finance Workshop with Dishna via Zoom 12.30pm – 1.30pm Meditation with Maree via Zoom 2pm – 3pm Second Hope Art Project Drop In with Sandy via Zoom 3.30pm – 4.30pm	Reflexology with Monique via Zoom 11am – 12noon Fabulous Over 50s Support Group for women over 50 1pm – 2.30pm Yoga with Robyn via Zoom 4pm – 5.15pm	Pilates with Michelle via Zoom 9.30am – 10.30am Second Hope Support Group for women with metastatic breast cancer 1pm – 2pm	Art Therapy One On One with Sandy via Zoom 1.30pm – 4.30pm	Breast Care Nurse Private Consultation via Zoom 9am – 10.10am Tai Chi with Helen via Zoom 11am – 12noon	
26	27	28	29	30	31	
	Think Pink Volunteer Meeting via Zoom 10am – 10.45am Second Hope Art Project Drop In with Sandy via Zoom 3.30pm – 4.30pm	Reflexology with Monique via Zoom 11am – 12noon Yoga with Robyn via Zoom 4pm – 5.15pm	Pilates with Michelle via Zoom 9.30am – 10.30am Journal Writing with Anna via Zoom 11.30am – 12.30pm Pink Sisters Support Group for women under 50 5.30pm – 7.30pm	Meditation with Maree via Zoom 10am – 11am Art Therapy One On One with Sandy via Zoom 1.30pm – 4.30pm	Breast Care Nurse Private Consultation via Zoom 9am – 10.10am Tai Chi with Helen via Zoom 11am – 12noon Mindfulness with Cheryne via Zoom 1pm – 2pm	