



Spring / Summer Calendar

To book call 03 9820 2888 or visit www.thinkpink.org.au

OCTOBER 2019 Breast Cancer Awareness Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Art Therapy 10.30am – 12noon	2 Yoga with Robyn 10am - 11.30am Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm 50 Plus Support Group 3pm - 5pm	3	4 Tai Chi 11.15am - 12.30pm Mindfulness with Cheryne 12.30pm - 1.30pm	5
6 School Holidays End	7 Wig Fittings by Appointment Walking Group 10am - 11am	8 Career Workshop: Tips & Tricks for your CV/Resume, LinkedIn and Interviews For clients, their families and friends \$10 per person including a light lunch 10am – 2pm	9 Yoga with Robyn 10am - 11.30am Supporting Blokes Group at The Living Centre 6pm – 8pm	10 Massage by Appointment	11 Bra Fittings by Appointment Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm	12
13	14 Wig Fittings by Appointment Walking Group 10am - 11am	15 A-Z of Headwear 10.30am – 12.30pm	16 Yoga with Robyn 10am - 11.30am Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm	17	18 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm Pilates with PINC 2pm - 3pm	19
20	21 Wig Fittings by Appointment Walking Group 10am - 11am	22	23 Yoga with Robyn 10am - 11.30am	24 Massage by Appointment	25 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm	26
27	28 Wig Fittings by Appointment Walking Group 10am - 11am Restorative Yoga 11am - 12.30pm	29 Day of Indulgence <i>for the Paynesville Pink Ladies</i> Bookings Essential 10am - 3pm	30 Putt for Pink! Golf Day Yoga with Robyn 10am - 11.30am Pink Sisters Support Group Guest Speaker Kate Rogers, Physiotherapist 5.30pm – 7.30pm	31 Christmas Card Making Workshop \$10 charge for materials 10.30am – 12.30pm		