



Spring / Summer Calendar

To book call 03 9820 2888 or visit www.thinkpink.org.au

NOVEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm Mindfulness with Cheryne 12.30pm - 1.30pm	2
3	4 Wig Fittings by Appointment Walking Group 10am - 11am	5 Melbourne Cup Day Public Holiday <i>Living Centre Closed</i>	6 Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon - 2pm 50 Plus Support Group 3pm - 5pm	7 Massage by Appointment	8 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm Pilates with PINC 2pm - 3pm	9
10 Barefoot Bowls Family Friendly Fundraiser 1pm - 4pm www.thinkpink.org.au/centre-programs/barefootbowls	11 Wig Fittings by Appointment Walking Group 10am - 11am	12 Art Therapy 10.30am - 12noon	13 Supporting Blokes Group at The Living Centre 6pm - 8pm	14 A-Z of Headwear 10.30am - 12.30pm	15 Bra Fittings by Appointment Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm	16
17	18 Wig Fittings by Appointment Walking Group 10am - 11am	19 Food, Finances and Fitness Workshop <i>For clients, their families and friends</i> 10am - 2pm	20 Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon - 2pm	21 Massage by Appointment Beyond Pink Education Session 'Living Well Post Breast Cancer Treatment & Coping with the Side Effects' Guest Speaker <i>Dr Maggie Moore, Medical Oncologist, The Alfred</i> 5.30pm - 7.30pm	22 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm	23
24	25 Wig Fittings by Appointment Walking Group 10am - 11am Restorative Yoga 11am - 12.30pm	26 Day of Indulgence <i>for women with early breast cancer</i> <i>Bookings Essential</i> 10am - 3pm	27 Pink Sisters Support Group <i>for women under 50</i> 5.30pm - 7.30pm	28	29 Walking Group 10am - 11am Tai Chi 11.15am - 12.30pm Pilates with PINC 2pm - 3pm	30