



## Winter / Spring Calendar

To book call 03 9820 2888 or visit [www.thinkpink.org.au](http://www.thinkpink.org.au)

### JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
School Holidays Begin Saturday 29 <sup>th</sup> June	<b>1</b> Walking Group 10am – 11am  Mindfulness with Cheryne 12.30pm - 1.30pm	<b>2</b> Art Therapy 10.30am – 12noon	<b>3</b> Yoga with Robyn 10am – 11.30am Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm 50 Plus Support Group <i>Creative Session</i> 3pm – 5pm	<b>4</b> Massage by Appointment  Pilates with Ali 12noon – 1pm	<b>5</b> Wig Fittings by Appointment	<b>6</b>
<b>7</b>	<b>8</b> Walking Group 10am – 11am	<b>9</b>	<b>10</b> Yoga with Robyn 10am – 11.30am Supporting Blokes Group 6pm – 8pm	<b>11</b> Pilates with Ali 12noon – 1pm	<b>12</b> Wig Fittings by Appointment  Tai Chi 11.15am - 12.30pm	<b>13</b>
<b>14</b> Spring Hills FC Soccer Day <i>Think Pink Fundraiser</i> 9am to 5pm  School Holidays End	<b>15</b> Walking Group 10am – 11am  Guided Meditation 11am – 12.30pm	<b>16</b> Careers Workshop <i>Tips and Tricks For Starting Your New Career</i> 10am – 2pm	<b>17</b> Yoga with Robyn 10am – 11.30am Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm	<b>18</b> Massage by Appointment  Beyond Pink Education Session <i>'Regaining Emotional Confidence'</i> 5.30pm – 7.30pm	<b>19</b> Wig Fittings by Appointment Bra Fittings by Appointment  Tai Chi 11.15am - 12.30pm	<b>20</b>
<b>21</b>	<b>22</b> Walking Group 10am – 11am	<b>23</b> Card Making Workshop <i>\$10 charge for materials</i> 10.30am – 12.30pm	<b>24</b> Yoga with Robyn 10am – 11.30am	<b>25</b>	<b>26</b> Wig Fittings by Appointment  Tai Chi 11.15am - 12.30pm	<b>27</b>
<b>28</b>	<b>29</b> Walking Group 10am – 11am	<b>30</b> Day of Indulgence <i>for women with early breast cancer</i> <i>Bookings Essential</i> 10am – 3pm	<b>31</b> Yoga with Robyn 10am – 11.30am Pink Sisters Support Group <i>for women under 50</i> 5.30pm – 7.30pm			