



# Winter / Spring Calendar

To book call 03 9820 2888 or visit [www.thinkpink.org.au](http://www.thinkpink.org.au)

## AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> Massage by Appointment	<b>2</b> Wig Fittings by Appointment Tai Chi 11.15am - 12.30pm	<b>3</b>
<b>4</b>	<b>5</b> Walking Group 10am – 11am Mindfulness with Cheryne 12.30pm - 1.30pm	<b>6</b> Art Therapy 10.30am – 12noon	<b>7</b> Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm 50 Plus Support Group <i>Survivorship Talk</i> 3pm – 5pm	<b>8</b> BOOK LAUNCH <i>'The Courage to be You'</i> By Cheryne Blom <i>All clients welcome</i> 12noon – 2pm	<b>9</b> Wig Fittings by Appointment Bra Fittings by Appointment Tai Chi 11.15am - 12.30pm	<b>10</b>
<b>11</b>	<b>12</b> Walking Group 10am – 11am	<b>13</b> Think Pink Volunteer Wellness Day <i>Taking Care of YOU</i> 10am - 1pm	<b>14</b> Supporting Blokes Group Men's Health <i>Guest Speaker Dr Bernie Crimmins</i> 6pm – 8pm	<b>15</b> Massage by Appointment	<b>16</b> Wig Fittings by Appointment Tai Chi 11.15am - 12.30pm	<b>17</b>
<b>18</b>	<b>19</b> Walking Group 10am – 11am Guided Meditation 11am – 12.30pm	<b>20</b>	<b>21</b> Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2pm	<b>22</b> Beyond Pink Education Session <i>'Sexuality'</i> <i>Guest Speaker Dr Chantelle Otten, Sexologist</i> <i>All clients welcome</i> 5.30pm – 7.30pm	<b>23</b> Wig Fittings by Appointment Tai Chi 11.15am - 12.30pm	<b>24</b>
<b>25</b>	<b>26</b> Walking Group 10am – 11am	<b>27</b> Day of Indulgence <i>for women with metastatic breast cancer</i> <i>Bookings Essential</i> 10am – 3pm	<b>28</b> Pink Sisters Support Group <i>for women under 50</i> Art Therapy session with Sandy 5.30pm – 7.30pm	<b>29</b> Music Therapy with Fern Belling 12noon – 1.30pm	<b>30</b> Wig Fittings by Appointment Tai Chi 11.15am - 12.30pm	<b>31</b>