



Summer / Autumn Calendar

To book call 03 9820 2888 or visit www.thinkpink.org.au

FEBRUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Walking Group 10.00am - 11.00am Career Workshop: Plan the next steps for your career 10.00am - 2.00pm	2
3	4 Walking Group 10.00am - 11.00am Mindfulness with Cheryne 12.30pm - 1.30pm	5 Pilates with Ali 9.30am – 10.30am Art Therapy 10.30am – 12noon	6 Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2.00pm 50 Plus Support Group <i>for women over 50</i> 3.00pm - 5.00pm	7 Massage by Appointment Yoga with Shelly 10.30am – 11.45am	8 Wig Fittings by Appointment Walking Group 10.00am - 11.00am Tai Chi 11.15am - 12.30pm	9
10	11 Walking Group 10.00am - 11.00am Guided Meditation 11.00am - 12.30pm	12 Pilates with Ali 9.30am – 10.30am Card Making Workshop <i>\$10 charge for materials</i> 10.30am – 12.30pm	13 Supporting Blokes Group at The Living Centre 6.00pm – 8.00pm	14 Yoga with Shelly 10.30am – 11.45am	15 Wig Fittings by Appointment Bra Fittings by Appointment Walking Group 10.00am - 11.00am Tai Chi 11.15am - 12.30pm	16
17	18 Walking Group 10.00am - 11.00am Guided Meditation 11.00am - 12.30pm	19 Beyond Pink Support Group 5.30pm – 7.30pm	20 Second Hope Support Group <i>for women with metastatic breast cancer</i> 12noon – 2.00pm	21 Massage by Appointment Yoga with Shelly 10.30am – 11.45am	22 Wig Fittings by Appointment Walking Group 10.00am - 11.00am Tai Chi 11.15am - 12.30pm	23
24	25 Walking Group 10.00am - 11.00am Guided Meditation 11.00am - 12.30pm	26 Day of Indulgence <i>Bookings Essential</i> 10.00am - 3.00pm	27 Pink Sisters Support Group <i>for women under 50</i> 5.30pm – 7.30pm	28 Yoga with Shelly 10.30am – 11.45am		